

ISSUE 115 - DECEMBER 2019 | JANUARY 2020

\$12

# Ndeipi

PERSON OF INTEREST:  
TINASHE NYAMUKODA

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# From the Editor

Issue 115 of Ndeipi Magazine brings 2019 to a close and ushers in 2020. The team and I have worked hard to bring you what will be an essential companion for the holiday season. What makes Ndeipi are the contributors who are (mostly) everyday Zimbabweans who take time to share their stories and what they are passionate about, just for you. This issue is full of such stories. Photographers who are inspired by Zimbabwe and its Sunsets and Sunrises. Chefs who would like you to fill your belly with Gammon and Gourmet Potato Salad. There's even a Zimbabwean with a wine brand that you should try. Remember our Eating out Guide and What's Happening in Harare, teaming with places to eat and things to do in December and January.



*Juliet (Sales and Marketing), Melissa (Desktop Publishing & Design),  
Michell (Sales & Marketing), Penny (Editor)*

As the year comes to an end we at Ndeipi would like to thank you for reading and being part of Harare's stories. If you've ever thought of contributing or advertising your company in Ndeipi, please send me an email on [@ndeipimag@gmail.com](mailto:@ndeipimag@gmail.com) or give me a ring on 0772 354 177. Many thanks to Dusk Home for our festive cover image.

Merry Christmas and  
Happy New Year!



# Penny Pangeti

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# Ndeipi

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# Person of Interest

## Tinashe Nyamukoda

Tinashe is the brains behind Kumusha Wines. They are winery based in Slanghoek, Western Cape, South Africa. The company started with releasing a white blend, Kumusha White, at the end of 2017. The fruit in the blend comes from a 37 year old Chenin Blanc and 19 year old Semillon vineyard. After the white wine's success, Kumusha went on to launch a red wine, a Cabernet Sauvignon/Cinsaut blend, as its winter release in 2018. Kumusha Wines currently exports to Belgium and the Netherlands and is also looking to export to the US, UK, and Zimbabwe in the near future. The wine is also a major hit in Durban, South Africa. Kumusha Wines has received overwhelming support for its authentic flavours.

Tinashe Nyamukoda arrived in South Africa in 2008 with no job prospects and no knowledge of wine. After a 3 month stint at a bakery, Tinashe was offered an opportunity to work at Roundhouse Restaurant, Cape Town. There he enrolled in

*At Opstal Wine Estate in Slanghoek. Home of Kumusha Wines*



a hospitality and wine program that marked the start of his career as a sommelier. Nyamukoda later worked at the Showroom Restaurant before going to the One and Only Hotel where he worked with well established sommeliers. Nyamukoda has a Bachelor's Degree in Accounting Science but passion moved him towards all things wine, culminating in his enrollment in the Cape Town Wine Academy. There he attained African Wine and Certificate Wine courses and later, Wines of the World and Wine and Food courses.

Nyamukoda is now the head sommelier and beverage manager at The Test Kitchen Restaurant in Cape Town. Today, Tinashe is hailed as one of the most respected sommeliers of the continent, tasting on the Michelangelo Wine and Spirits awards, the Chenin Blanc Top 10 Challenge and Platter Awards Five Star panel. He is a board member of the South African Sommelier Association as well as the BLACC (Black Cellar Club) and has represented Zimbabwe at the World Blind Tasting Championships in 2017 and 2018.

### My 'Kumusha' Philosophy

Kumusha is a Shona word which means 'your home', 'your roots' and 'your origin'. I believe the best wines are representative of their region. I met Attie Louw from Opstal Estate some years ago and our relationship has grown. As a result I have been able to work with the fruit from the Breedekloof Valley to create wines that I would not only





*The Kumusha Range*



*Tinashe Nyamukoda*

pretending to be a winemaker, but I do bring a lot of experience from both the hospitality, gastronomy and sommelier industries. Through a collaborative process where I respect the vine, the winemaker and the consumer, I try to build a brand of wines that is not overly serious, but wines that represent and honour their roots.

like to drink and are representative of what is leading the way for the style of South African wines. Minimal intervention wine making and natural fermentation is aimed at letting the wine be free to do the talking of its origin. I am not

*Vineyards in Breederiver Valley*



Tinashe is working with a company of young entrepreneurs called Vino and Spirits Merchants. This is in line with his vision to work with people who not only believe in his brand but also the service industry as a whole. Vino and Spirits Merchants have worked hard to bring Kumusha Wines into the following outlets Pariah State, Liquor Supplies Avondale, Table Top and Pot Belly.

*Images provided by Tinashe Nyamukoda*

*Kumusha, Nyanga Zimbabwe*





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# Achieving Greatness & Celebrating a Joyous Christmas

(Even through Economic Adversity)

*By Ashleigh Whaley*

Wow! You have made it through the year and boy has it been a tough one for all of us! This year has been a struggle just to survive. You are almost there, with Christmas as the finish line. Give yourself credit for just hanging in.

Firstly give God the glory for seeing you through one of the most difficult years of your life.

Secondly go out and give of your time, as it is just as important as giving money or gifts. Start with giving away the excess you have such as clothes, toys and books, visit an old age home, spend time at an orphanage and create other unique ways to share. Your visions and dreams may have been side-lined this year and goals unachieved however, throughout all of this, God has not moved. He is still there- guiding you. Therefore, embrace the birth of Jesus and keep loving, living and giving.



*Baobab Christmas tree with angel ornaments made from paper clips*

*"At some point, adversity happens in everyone's life. It usually comes unannounced, and it doesn't arrive with flowers and candy." Lewis Howes.*

The question is how do we celebrate Christmas in such adversity?

1. Look to keep the festive season simple and create new traditions to match the current economic situation.
2. Christmas should be a joyous time of celebrating the birth of Jesus, so how do we find the Joy?



*Murray John aged 7 and Monty participating in the Amateur Riding Club Utility Pony Class*

For a seven year old boy being able to control his pony, whilst dressed up, pulling a bag and finally collecting a flag was an epic achievement. An enormous smile erupted once Murray John realised that he had indeed achieved this goal. He will always treasure this Christmas memory.

Keep focused on your end vision and dreams as, having survived such adversity, the victory of achieving them will be so much sweeter. When adversity arises, you have two choices, either

you do nothing and let it overwhelm you, resulting in you falling victim to your circumstances, or you embrace the challenge and keep moving forward. The choice is yours. Remember that true greatness often comes from adversity.

*"Greatness means having pride in yourself, being happy with yourself, knowing you've worked for something and couldn't have done anything more." Shawn Johnson Olympic Gymnast.*

Horse vaulting is not easy, so like any gymnast, Paula Joy (age 10) takes pride in herself every time she tries something new, no matter how small the achievement. Take a moment to reflect on all your achievements. You will be pleasantly surprised that you too have achieved greatness this year. Now congratulate yourself! Most of all be thankful for all your blessings and take it easy on yourself. Yes, your children won't be receiving fancy gifts, so teach them to give instead. Truly celebrate the birth of Jesus. Forget about the economics we can't change and take the time to look to the Giver of Miracles for strength, guidance and love. Giving is often

more fun and so I challenge you to give of yourself this festive season and take one minute each day to pray for our country.

*"The things which are impossible with men are possible with God." Luke 18:27*

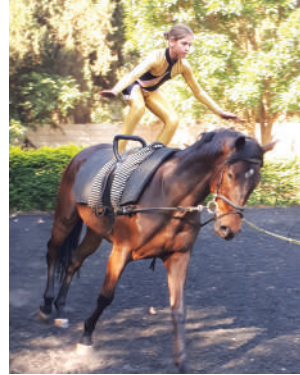
Remember January is always a tough month so rest as much as needed in December and look to the greatness you will achieve next year. Go and be awesome and have a blessed joyous Christmas.

**Merry Christmas everyone!**

For more from Ashleigh visit her homeschooling and lifestyle blog [www.faith4fun.com](http://www.faith4fun.com).

*Images provided by Ashleigh Whaley*

*Horse vaulting is a relatively new sport to Zimbabwe. Paula Joy aged 10 training at the canter.*



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# Tree of the Month

## Chocolate-berry

By JP Felu

**Family:** Lamiaceae (previously Verbenaceae)  
**Ndebele:** Umtswankela  
**Shona:** Mudyagava

The genus *Vitex* was named by Linnaeus in his book "Species Plantarum", published in 1753. It comes from the name used by Pliny the Elder for *Vitex agnus-castus*, derived from the Latin "vicio" meaning "to weave", a reference to the fact that *Vitex agnus-castus* was used in basket weaving.

The Lamiaceae family is well known as it a mostly herbaceous group that contains many fragrant species used in perfumery or in cooking like lavender, mint, spearmint, peppermint, marjoram, basil, sage, rosemary and thyme. The *Vitex* group was initially included in Verbenaceae but DNA studies showed that they were Lamiaceae. *Vitex* are nevertheless different from other Lamiaceae as they have palmate leaves. Nine *Vitex* species are represented in Zimbabwe but only *Vitex payos* has a broad geographic distribution.

*Vitex payos* is a small to medium-sized tree 4-10 m high, with a rounded crown. It occurs in open woodland and on rocky outcrops and on termite mounds at medium to low altitudes, with a preference for the drier areas. The bark is grey to brown, deeply striated longitudinally, peeling

in strips; growing tips and new stems and leaves with tawny woolly hairs. With age the branches become hairless, with prominent leaf-scars.

The leaves are normally 5-foliolate but quite often only 3- or 4-foliolate when the smaller basal pair have not developed. The leaflets are obovate, ranging in size from 3 to 19 cm by 1.5 to 9 cm, the top leaflet being the biggest and the two basal ones being the smallest. They are bright green and hairy on top and very light green and very hairy on the back. The net veining is prominent on both sides and the upper third of the leaflets can be toothed. The petioles are long, 6 to 15 cm, covered with short tawny hair.

The flowers grow in axillary heads and are blue, mauve to white, weakly two-lipped. The fruit is fleshy, black when ripe and edible. Recent research has shown that it contains vitamin C. Kimondo et al. (2012) state that the fruit pulp contains three water-soluble vitamins: C (ascorbic acid), B3 (niacin) and B6 (pyridoxine). Moreover, the fruit pulp could provide potassium in large quantities while it is a source of other macronutrients such as magnesium, sodium, phosphorus and calcium in smaller quantities. The pulp contains micronutrients such as iron, manganese and zinc.

### Uses

In the North-Eastern region of Kenya the tree is cultivated for its fruit. The wood of *Vitex payos* although not durable has occasionally been used to make some items of furniture but its scattered distribution limits its usefulness. Medicinally the smoke of the burned leaves is inhaled against coughs. A porridge made with the roots is used in the treatment of gonorrhoea and also to prevent abortion.

*Images provided by JP Felu*





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# Your Garden

## Festive Season Plants

*By Morag Flight*

Christmas is a time for beauty and good cheer and nothing ushers in beauty and good cheer like beautiful flowers and plants for Christmas. You might like a few of these traditional Christmas plants and flowers for your home this holiday.

**Christmas Cactus** (*Schlumbergera bridgessii*) is an attractive and popular house plant. The name originates from the fact that they used to bloom naturally at Christmas. These lovely cacti have lush flowers that hang down like lovely Christmas ornaments from the ends of the leaves of the plant. They are also easy to propagate and you can just cut a short Y shaped piece from the stem tips and place this in sandy soil and water and it should root easily.

**Rosemary** (*Rosmarinus officinalis*) translates to "mist of the sea," as its grey-green foliage is thought to resemble mist against the sea cliffs of the Mediterranean, where the plant originates. It is not a well known Christmas plant but originates from part of the Nativity story where apparently Baby Jesus' clothes were dried on a Rosemary bush. It was then believed that smelling Rosemary at Christmas brought good luck. Today, in Europe, Rosemary is sold as a Christmas plant pruned in the form of a Christmas tree. It is also attractive to bees.

**Lavender** (*Lavandula*) is not really associated with Christmas but is a lovely new tradition that is springing up mainly in Europe and America. The normally scraggly bushes are pruned and pinched until they resemble a small Christmas Tree. As long as they are kept trimmed they can give you years of fun on the table and add a nice aroma to the room too.

**Holly** (*Ilex aquifolium*) wasn't always easily available here but with the importation of European grown plants is now seen in our nurseries. Remember that only the female bush has the red berries and that you need a male bush around for pollination. Good luck with trying to figure out the sex without the berries!

Its origins are meant to date back to the Druids, who thought the plant represented everlasting life. Christians adopted the plant as a symbol of Jesus' promise of everlasting life.

**Mistletoe** (*Viscum album*) is another holiday tradition plant also dating back to the Druids. But, unlike holly, the Christian church did not accept it as a tradition, but rather frowned on it. It was even banned at one point in the Christian Church. However as you know it is still commonly seen. Apparently it was originally a sign of fertility, but is now simply an excuse to grab a kiss from someone dear to you. There is a lovely line in one old movie where the boy has no mistletoe but says "I have broccoli instead" so maybe hang up the broccoli and see what happens!

**The Christmas Tree** is traditionally an Evergreen Fir originally used to celebrate all winter festivals (both pagan and Christian) for thousands of years. Branches were used to decorate the home during winter as it reminded people of the spring to come. Romans used Fir trees to decorate their temples and Christians use it as a sign of everlasting life with God. There is no reliable record of when Fir trees were first used as Christmas trees. It probably began about 1000 years ago in Northern Europe when Christmas Trees seem to have been hung upside down from the ceiling.

*Christmas tree*



*Image provided by Morag Flight*



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# Discover Harare

## Harare's Cathedrals

*By Lynette Gibson (Harare Free Walking Tour)*

Have you ever wondered why our city looks the way it does? Could there be hidden stories behind these structures that help us understand who we are today? Recently, developers, administrators and architects have initiated a fascinating and creative dialogue regarding the best of the old and new Harare. Their efforts reveal an intrinsic need to preserve buildings and spaces in the city based on symbolic, sentimental, historical and entertainment value.

The Historic Buildings Advisory Committee to the National Museums and Monuments has a special criterion to select these buildings. It includes, but is not limited to, the following:

- The building must have outstanding representation of a particular architectural style.
- The building is eccentric, original, incorporates unusual materials, or is the only remaining example of its kind.
- It contributes to the environment, and historical associations with either people or events.

Such buildings include the Catholic Cathedral (Simon Vengayi Muzenda Av and Herbert Chitepo Street) and the Anglican Cathedral (Nelson Mandela Street and Sam Nujoma Street).

**The Catholic Cathedral of the Sacred Heart** was built by French and German brothers with

the assistance of African tradesman instead of Europeans tradesman, unusual for the 1950s. It stands in Gothic style, the last echo of medieval world of craft. Most of the work was carried out in Chishawasha (2 days away by ox-wagon at that time, now a mere 30- minute drive). The construction took 18 months to complete. The architect, Father Le Boenf created other notable works that include the St Georges College, Dominican Convent among other mission churches.

**The Cathedral of Saint Mary and All Saints** was built in the Romanesque style between 1913-1964. It has many outstanding features including the original cross in St George's Chapel made of cigar boxes, carved altar rail, high granite arches, and beautiful cloisters.

It is essential to foster appreciation of our surrounding structures and how they affect our lives in a broader cultural and social context. Whether a local or a tourist, the curious can experience a fun and rewarding process of exploration and discovery of secrets of Harare.

To join educational, cultural and historic free walking tours contact:  
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*Images provided by Edwin R Jaulani*

*The Catholic Cathedral of the Sacred Heart*



*The Cathedral of Saint Mary and All Saints*



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# What is the Goldilocks Zone?

*By Simon van der Lingen*

On an Earth teeming with life, we may wonder whether there is life elsewhere in the Universe yet an answer of either "Yes" or "No" would be profoundly scary. From our limited experience, we are pretty sure that most biochemical reactions, and thus any form of life, would need liquid water to evolve and flourish. Therefore if we were to look for extraterrestrial life, we should be looking in places where we could reasonably expect to find liquid water. For any planet to host life, its surface would have to be "not too hot, not too cold," but, like Baby Bear's porridge, "Just Right!" The area of space around each star which receives the right amount of heat to melt ice without vaporising it into steam, is known to astronomers as *The Goldilocks Zone*.

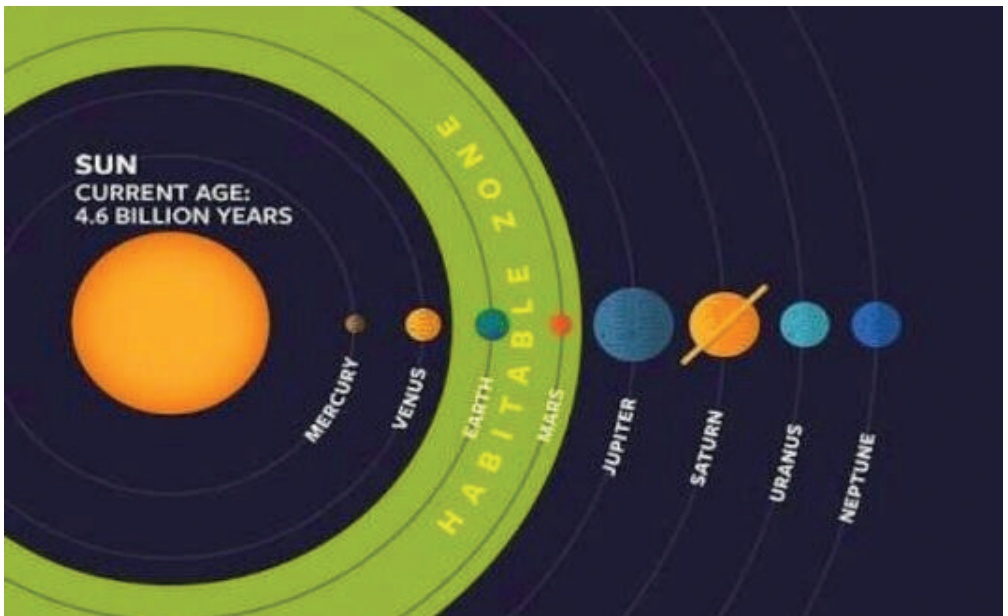
Within our Solar System, Venus, Earth and Mars all exist within the Goldilocks Zone. Venus however, has an atmosphere much denser than ours and full of Greenhouse gases like CO<sub>2</sub> which have raised the surface temperature to a point hot enough to melt lead. Recent exploration on Mars shows that the planet must once have had rivers and oceans. Even though Mars has long

since lost most of its atmosphere and is now very much cooler, there do seem to be surface flows of water from time to time and Mars remains an interesting candidate for the discovery of extraterrestrial life, or more likely, fossilized remains.

We know that other stars also have planets within their Goldilocks Zones. A red dwarf star called Trappist 1, 49 light years distant, is orbited by at least seven planets, of which three lie within that star's Goldilocks Zone and, if they have the right atmospheric conditions, should contain liquid water and maybe even life.

The Astronomy Society of Harare has a presentation at 5:45pm on the second Wednesday of every month (except for December) at the Lecture Theatre at St. George's College and you're all invited to come along. If you have any questions regarding the Astronomy Society or about this article, kindly contact Tony Alegria on: [talegria@zol.co.zw](mailto:talegria@zol.co.zw)

*Image provided by Simon van der Lingen*



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# Matamba Fruit Glazed Gammon

By Mike Van Rooyen

Mike was born in Harare and trained as a chef at the Aarhus Teknisk Intitute in Aarhus Denmark. He worked at Michelin star Il Cantuccio in Albavilla, Milano, Italy. He recently returned and works for Pure Africa and Zambezi House Victoria Falls.

Treat family and friends to his Zimbabwean flavour Gammon Ham this Christmas. It features the wild Matamba fruit as the glaze and your loved ones will not be disappointed. Matamba (monkey orange) is a round fruit the size of a large orange. It grows in both tropical and sub-tropical Africa. It is a rock-hard green fruit that ripens into yellow. Inside there are seeds covered in gooey, gelatinous sweet and tangy pulp.

Recipe (Serves 4-6)

## INGREDIENTS:

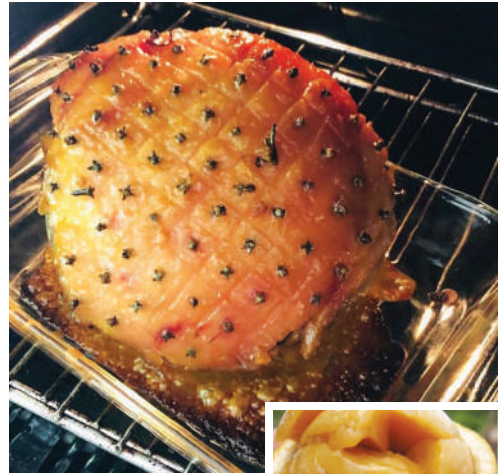
1kg uncooked gammon ham  
1 medium onion  
3 bay leaves  
2 tbsp vinegar  
40 cloves

## Matamba and Orange glaze:

5 matamba  
300 ml orange juice  
3 tbsp mustard  
100g dark sugar

## METHOD:

1. Place your ham in a pot and cover with water.
2. Add the onion bay leaves and vinegar.
3. Bring to a slight boil for 45 minutes and remove and cool (you can do this the day before you have your family lunch to avoid less stress).
4. While waiting for the ham to cool get on with the glaze.
5. Crack open your matamba and add the insides pips and all to a pot. Add the orange then bring to a boil. Whisk to get all flesh off the matamba. After 5 minutes sieve the liquid into a bowl and discard the pips!



*Damba (singular)  
Matamba (plural)*

6. Add your mustard and sugar and heat till sugar is dissolved- you should be left with a thick paste.
7. Remove the skin from the ham by putting your finger under the skin then work your way under till you can pull it off be careful not to remove the fat layer.
8. Take a small knife and score the fat at 2cm intervals going one way the the other to get a criss cross effect, then push your cloves in the diamond shapes.
9. Add some glaze.
10. Set in an oven tray and fill with water just till the bottom is covered- this prevents burning add adds a moisture effect in the oven!
11. Baste with matamba and orange every 20 minutes for 1hr 30 minutes then take out and let rest for 15 minutes before cutting.

Serve with Chef Rumbie's Potato Salad, with red onion, leeks and crispy bacon.

Follow Chef Mike on Instagram @headchef.mike

Images provided by Mike van Rooyen

# Gourmet Potato Salad

*By Chef Rumbie*

Whether it's with friends or family, Christmas is always more meaningful when it's shared. Often we are stuck in the kitchen doing all the meal preparation on the day and we don't have enough time to catch up with our loved ones. Try this delicious recipe that can be made the day before and is a great accompaniment to Chef Mike's gammon.

## INGREDIENTS:

½ cup deep fried bacon (cut up into bite size)  
8 large potatoes (peeled and cubed)  
3 leeks (thinly sliced diagonally-garnish)  
½ teaspoon mixed herbs  
½ teaspoon freshly cracked peppercorns

## Dressing:

½ cup plain Greek yoghurt  
1 ½ cup mayonnaise  
½ teaspoon mustard

## Caramelised onion:

1 finely chopped red onion  
½ a cup balsamic vinegar  
1 tablespoon brown sugar  
½ teaspoon salt  
½ teaspoon black pepper

## METHOD:

1. Boil the potatoes in lightly salted water until they are fully cooked but still have their form.
2. Place in a colander and toss around to drain water and fluff them out.
3. Allow to cool and place in a bowl, not the display bowl because this it can be pretty messy.
4. In a saucepan, add 1 finely chopped red onion, ½ a cup balsamic vinegar, 1 tablespoon brown sugar, ½ teaspoon salt

and ½ teaspoon black pepper.

5. Cook over medium heat until the sugar caramelizes and the onions are sticky but still have moisture. Cool, jar, refrigerate and use when necessary.

6. Into the bowl add mixed herbs, black peppercorns, bacon chips, caramelized red onion (method is above) mix together with a spatula until well combined.

7. Then add all your dressing ingredients and mix again. Top off with the leeks, cling wrap and refrigerate immediately.

Serve with Chef Mike's Matamba Glazed Gammon, a crispy salad and chakalaka  
Follow Chef Rumbie on Instagram  
[@chef\\_rumbie](#)

*Images provided by Chef Rumbie*





# A little Huletts sweetness goes a long way.

## Christmas Coconut Macaroons

### Ingredients:

- 4 large egg whites
- 2/3 cup Huletts White sugar
- 3 tablespoons gin (optional)
- 1½ teaspoons grated lime zest
- ¼ teaspoon salt
- ¼ teaspoon almond extract
- 1 package (400grams) sweetened shredded coconut
- ½ cup all-purpose flour
- 8 ounces white baking chocolate, melted
- Cherries (green and red one would be colourful and nice)

### Method

1. Preheat oven to 350° C. Whisk the first six ingredients until blended. In another bowl, toss coconut with flour, stir in egg white mixture.
2. Drop by 2 full tablespoons in, onto the greased baking sheets. Bake until tops are light brown, 15-18 minutes. Remove from pans to wire racks to cool completely.
3. Dip the base of macaroons into melted white chocolate, allowing excess to drip off. Place on waxed paper, until set.
4. Dip the base of a cherry in white chocolate and place on the centre of each macaroon. (Some red some green cherries!). Store in an airtight container, and serve



*Enjoy!*

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# Bindu Media Signature Drinks

*By The Mixologist: Ashler Jaya*

Ndeipi is part of a family of magazines in the Bindu Media stable. Along with Ndeipi, there is Nzira for travel and Zimunda for the agricultural sector. To celebrate them and to mark the festive season, The Mixologist created signature drinks tell each of their stories. Try them out this festive season and let us know which one you like best on the different social media platforms.

The **#LOVEHARARE** (Ndeipi)

*Ndeipi is Harare's best city guide. We love our city and all its history, colours and vibrance.*

Facebook: Ndeipi Magazine Twitter & Instagram: ndeipi\_magazine

## INGREDIENTS:

15ml Peppermint syrup  
10ml grenadine

120ml cherry soda  
Maraschino cherries  
Crushed Ice

## INSTRUCTIONS:

1. Combine cherry soda, or peppermint syrup and grenadine in a shaker with regular ice cubes
2. Do not shake but stir
3. Crush ice using a blender and spoon into a glass
4. Pour Cherry Soda Mix into glass with crushed ice
- 5 Garnish with maraschino cherries

The **Zimbabwean Sunset** (Nzira)

*Nzira is for the luxury traveller. A lover of the finer things in life and who loves all that Zimbabwe has to offer.* Facebook: Nzira Magazine Twitter: @NziraMag Instagram: nziramazine

*The Zimbabwean Sunset*



### INGREDIENTS:

125ml Orange juice  
240ml sparkling water  
2 teaspoon vanilla syrup  
2 teaspoons grenadine  
Orange slices for garnish

### INSTRUCTIONS:

1. Freeze all of the Orange juice in an ice tray
2. Crush a few ice cubes with the frozen orange juice and spoon into glass
3. Add sparkling Water
4. Slowly add in vanilla syrup
5. Slowly add in grenadine
6. Garnish with orange slice.

The **Zesty Zimunda** (Zimunda)  
*Zimunda is all about agriculture and farming.  
From seed to table we hear from the experts  
making strides in this most integral sectors*

*The #LOVEHARARE*

*of our economy.* Facebook: ZiMunda Farming  
Twitter: @zimunda\_mag Instagram:  
@zimundamag,

### INGREDIENTS:

2 packets of lemon and lime unsweetened powdered juice  
400g sugar  
1.4 litres pineapple juice  
400ml frozen lemonade  
Ginger ale  
1litre water

### INSTRUCTIONS:

- This is a punch you will need a 3litre or 5litre bowl.
1. Pour water into bowl
  2. Add both packets of powdered juice and sugar and stir until it dissolved
  3. Add pineapple juice and lemonade and stir well
  4. Rim your glasses with a coloured sugar for a candied rim and chill glasses
  5. Chill mixture
  6. Add ginger ale for the fizz before serving
  7. Pour into glasses and serve

*The Zesty Zimunda*



*Images provided by The Mixologist*



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SUMMER HIGH TEAS

# -TOP PLACES FOR HIGH TEA -

## The Rose Café

Tucked away in the beautiful gardens of Golden Stairs Nursery in Mount Pleasant is the Rose Cafe. With its quaint cottage style decor the cafe offers an intimate patio space with a view of the garden. This is an ideal place for a delicious meal or a quiet cup of coffee away from the hustle and bustle of the city. The high tea at Rose Cafe is made to order so give them a call before you go. They offer a wide selection of teas and freshly squeezed juices to accompany the savory and sweet treats.

### THE SPREAD:

Crudite Platter with a tangy homemade dip.  
Chicken & Mayo and Ham & Cheese Sandwiches.  
Scones with cream and homemade strawberry preserve.  
Chocolate muffins.  
Strawberry and Oat crunchie.

### WHAT WE LOVED MOST:

The hospitality and peaceful ambience. Muchero is a gracious and attentive host. The chicken mayo sandwiches were packed with filling and the melt in your mouth scones with lashings of cream and jam were too die for. It was fantastic to have such a wide variety of tea options and the bespoke elements like the dip and jam made from scratch. We enjoyed the retro pop music in the background that



complimented the tranquil environment. You must try their signature ABC detox juice.

The Rose Café  
72 Golden Stairs Road  
Harare  
0784 339 814

*Images provided by Melissa Katunga*



# Meikles Hotel

The iconic Meikles Hotel is located in the heart of the central business district. As you walk through the doors, you are transported into a world of elegance. Where the ceaseless noise of the city disappears to be replaced by classical music from the grand piano. The Meikles high tea is a highly requested menu item and is a top choice for special luncheons or celebrations such as Mother's day.

## THE SPREAD:

### Savoury Base:

Toasted sandwiches consisting of:  
Ham served with grated cheddar cheese and chutney  
Chicken mayonnaise  
Sliced Fresh Tomato and grated cheddar

### Delightful Middle:

Traditional scones served with whipped cream, fresh strawberries, strawberry jam and butter with seasonal fruit tartlets.

### Sweet Ending:

Meikles' own Black Forest cake with fresh cream, homemade carrot and apple cake with buttered icing.

## WHAT WE LOVED MOST:

The feeling of contentment that sets in as you sip on Tanganda Tea in the historic Tanganda Tea Lounge. Our host, Silence was thoughtful and shared a detailed history of the Meikles Hotel. The finer details like the polished



silver tea set added a touch of class. Our toasted sandwiches were filled to bursting with thick slices of ham and the fruit tarts exploded in our mouths with the sweetness of strawberry, pineapple and orange flavours. Almost everything in the Meikles kitchen is made from scratch, from the oven baked bread to the light, thick fresh cream. The high tea is set for two but it was more than enough for three people.

**Meikles Hotel**  
Corner of Third Street & Jason Moyo Avenue,  
Harare, Zimbabwe  
+263 0242707721 – 9

*Images provided by Melissa Katunga*





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Rainbow Towers, 1 Pennefather  
Ave, CBD, (024) 2 772633

**Mugg & Bean** ●☑  
New Block, Sam Levy's Village  
Borrowdale, 0771 045020,  
(024) 2 852043

**The Mustard Seed** ●  
27 Ridgeway South, Highlands,  
(024) 2 498138/9, 0772 572620

**Park View Brasserie** ●  
Monomotapa Hotel, 54  
Park Lane, CBD, (024) 2 704501-9

**The Palms Restaurant** ●  
Bronte Hotel, 132 Baines Ave,  
CBD, (024) 2 707522-7

**Pavilion** ●  
Meikles Hotel, Cnr 3rd St &  
Jason Moyo Ave, CBD,  
(024) 2 250551-5, (024) 2 251705

**The Place** ●  
Cnr 2nd St & J Nyerere Ave,  
CBD, 0779 449210

**Tiffany's** ●  
Jameson Hotel, 21 Samora  
Machel Ave/Park St CBD,  
(024) 2 774106

**Vali's** ●  
Shop 10, Kensington Shops,  
Kensington, (024) 2 706857,  
(024) 2 794948,

**Vumba**  
Holiday Inn Harare, Corner  
Samora Machel Avenue &  
Fifth Street, (024) 2 795612/9

**Wild Geese Lodge** ●☑  
2 Buckland Lane, Teviotdale  
(024) 2 2917977, 0772 145103

## CAFÉS & COFFEE SHOPS

**Bell's Coffee Shop** ●☑  
Willowmead Junction, Rolf  
Valley, (024) 2 850294  
0777 884859

**Bottom Drawer** ●●☑  
14 Maasdrop Ave, Belgravia  
0772 235566, (024) 2 745679

**Brentos** ●●☑  
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# EATING OUT IN HARARE

## CAFÉS & COFFEE SHOPS

### Café Nion ●

Arundel Village Shopping Centre, Mount Pleasant, 0779 427915

### Café de Paris ●

47 Churchill Ave, Alex Park, 0778 078801

### Café Nush ●

Avondale Shopping Centre, Avondale, (024) 2 335201, & Village Walk, Borrowdale, 08677 172548

### Café Veldemeers ●

50 Quorn Rd, Mount Pleasant, (024) 2 308315, 0863 77107285

### Classic Desserts ●

Cnr 2nd Street Ext/ Churchill Ave, Alex Park, (Kwikstop Complex) (024) 2 745646, 0777 059455

### Connections ●

162 Swan Dr, Borrowdale (024) 2 850886/887, 0772 268493

### Cool Beans ●

Cresta Lodge, Samora Machel Ave, Mutare Rd, (024) 2 486870, (024) 2 487006, (024) 2 487154

### 40 Cork Rd Café ●

Kwamambo Gallery, 40 Cork Rd, Avondale, 0773 199646

### Delicious ●

Sam Levy's Village, Borrowdale 0772 329355

### Elephant and Pineapple

15 York Ave, Newlands 0772 328359 ●

### Fit Café ●

30 Glenara Avenue South, Eastlea, 0739 619274

### FreshlyGround ■

Sam Levy's Village, Borrowdale, 0867 7100514 & Village Walk, Borrowdale, 08677 100514

### Gelato Crema ●

Riverside Walk Mall, & Village Walk Borrowdale, 0778 55193

### Hope Floats Café ●

14 Hindhead Ave, Chisipite 0776 575854

### La Lucia Café

139 Cheltenham Park, Ruwa, 0774 051 893/0771 508 255. Bookings (242) 302261/7

### La Patisserie ●

Rainbow Towers, 1 Pennefather Ave, CBD, (024) 2 772633/9

### Le Coco Café ●

Marimba Shopping Centre, Belvedere, 0864 4404488

### Mukuvisi Tea Garden

Mukuvisi Woodlands, Hillside, (024) 2 747111/23 ex 104, 0774 198009 ●

### Nikki's Coffee Shop ●

Bathroom Boutique, 1 Falice Ave/Mutare Ave, Mutare Rd, 480083/94, 0737-396564

### The Plot Café ●

9 Carrick Creagh Rd, Helensvale, 0776 638385

### Pistachio ●

Shop 19 (by the clock tower) Sam Levy's Village, Borrowdale 0774 280507

### PS Café & Pizzeria ●

No 1 Shamwari Gallery, Cnr Maasdorp / 2nd St (Opp KFC), Belgravia, 0733 436191

### Queen of Hearts ●

1 Hurworth Rd/Cnr Enterprise Rd, 0771 929914

### The Rose Café ●

72 Golden Stairs Road Mount Pleasant, 0784 339 814

### The Shop Cafe@Amanzi

158 Enterprise Rd, Highlands (024) 2 497768 ●

### Skotch Kart Café ●

24 Silwood Close (inside Autoworld) Chisipite, 0782 640729

### Sorella's Pizzeria & Café

1 Fisher Ave, Rolf Valley 0778 842016/088 ●

### Spring Fever Café ●

15 Shortheath Rd, Chisipite, 0772 711985

### Vanilla Moon ●

8 Seagrave Rd, Avondale (024) 2 333394

### Veldemeers ●

Doon Estate, Msasa (024) 2486169

### Waseefa's ●

Cnr Princes Rd/Burton Rd & Shop 7 & Sam Levy's Village, Borrowdale, 0777 005738

### Village Café ●

Sam Levy's Village, Borrowdale, 0772 602885

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# What's Happening in Harare?

**Thurs 5th - Sat 21st December**  
*Santo The Panto*, The Repertory Players' annual panto, fun for the whole family. Written and directed by Mario Ciampi. Booking opens soon.

**Thursday 5th December**  
*International Volunteer Day*, UN Volunteers Zimbabwe, Block 10 Arundel Office Park, Norfolk Road, Mount Pleasant, Harare, Zimbabwe. We will commemorate the contributions toward development made by volunteers in Zimbabwe.

**Friday 6th December**  
*Masa Summer Concert*, Alliance Francaise de Harare, Herbert Chitepo Avenue, Harare, Zimbabwe. I finally get to play the whole album with my band and it's going to be an experience you want to be part of.

**Friday 6th December**  
*National Tree Planting Day*, Queen of Hearts, 1 Hurworth Road, Harare. Its National Tree Planting Day coming up and we have collaborated as a group of passionate TREE LOVING businesses to bring you a day where you can find a great selection of indigenous and fruit trees on sale presented by leading Nurseries in Zimbabwe. Free expert advice and talks at 2pm and 4pm from Lindsay Charters and Henning Jordaan to provide valuable information on how to plant trees, where to plant and which varieties do well. Grow-It-Yourself 100% Organic Fertilisers- Complete Fertiliser & compost products also on offer. Special Pop Foodie from

Sherrie Koen- The Tanner Mill- Grain Free Living- as well as the normal QOH offerings. Everyone is welcome and entrance is free. Event starts at 12 noon through to 6pm.

**Saturday 7th December**  
*Fruitful restoration*, Tree Planting at Cleveland Dam Park. We commemorate 2019 International Day of Persons with Disabilities through planting fruit trees in the forest. It's a fruitful restoration. Our children are looking after 2 000 young trees just for this event. Among them are mangoes, guavas, lemons and avocados. You are invited. Invite your families and friends. Remember to carry the young trees you have at home.

**Saturday 7th December**  
*Maunganidze kinhearted children's organization construction project charity soccer tournament*, Mount Pleasant High School, Harare Zimbabwe. In our quest to build Maunganidze kindhearted children's organization orphanage in Dema, with the fencing of the stand completed in September.

**Saturday 7th December**  
*Hustlers market #DecemberShutdown*, Moto Republik, 3 Allan Wilson Avenue Belgravia, Harare. We are having the last Hustlers Market of the year and better yet the decade!! Come hustle hang and enjoy. Hustlers Market is a monthly urban creative market featuring cool and funky local fashion, food, art, crafts, accessories and music.

**Saturday 7th December**  
*Harare Open Market*, Girls High School Harare, Leopold Takawira St, Harare, Zimbabwe. Come and get your tables to market and sell your goods and products at our Upcoming Event at Girls High School on Saturday the 7th of December 2019 #womeninbusiness #empoweringwomen #teachers.

**Saturday 7th December**  
*Couples Picnic*, Lake Chivero. Join us on the 7th of DECEMBER as we open the festive season with a nice fun romantic picnic of love For only \$40usd per couple you enjoy : Games, Acoustic music, A fruit basket and a bottle of wine, Boat cruise, Photoshoot and many more activities. Book your ticket now for we have limited tickets. Booking: 0719332560 whatsapp.

**Saturday 7th December**  
*Bells of Tiding and Joy!* Hellenic High School- Come watch the Harare Youth Orchestra's 2020 Christmas Concert at the Hellenic Primary School Hall at 3pm on Saturday the 7th of December! Featuring works by Dvorak, Brahms and Hummel with Tibone Matikiti performing as a soloist. Tickets are \$ZWL50 at the door.

**Saturday 7th December**  
*Teen Breakthrough Workshop*, Jubilee Christian Center, Milton Park, Harare, Zimbabwe. Do you want your teenage child to get guidance on how to navigate adolescence challenges and get inspired and motivated to be more, do more and get extraordinary

results? If you answered “YES” to the above question then hurry and register your child for this transformational workshop which will be facilitated by Jonah Mungoshi and Steve Vickers. Topics to be covered include: Online safety, 21st century career guidance and Coping with adolescent challenges. Your child will learn all this and more in a highly interactive and fun filled environment. For registration contact Coach Tafadzwa on 0773606728. Pay before the 20th of November for an early bird freebie.

### **Saturday 7th December**

*Where do I start? Today-A personal journey seminar*, B2C Co-working, Mezzanine Floor Batanai Mall, 263 Harare. The seminar, will give an introduction on the personal journey entrepreneurship journey of the Founder, and take participants through an interactive & participatory approach, which seeks to allow participants to share personal journeys and their challenges so as to learn from best business practices as they prepare themselves for their entrepreneurship journey. The seminar will also have a facilitated guest speaker to moderate and advise on topical entrepreneurship issues in modern Zimbabwe.

### **Saturday 7th December**

*Family Holiday Music Show*, PanAfrika Restaurant, 4 Deary Ave, Belgravia, Harare. Live Music, African Food Buffet, Braai, Kids Section by Keedzkart with Jumping Castle, Waterslides, Car Karting Mechanical Bull, Popcorn.

### **Saturday 7th December**

*Christmas Fair*, The Centre Events, 8 Coltman Rd, Mt Pleasant, Harare, Zimbabwe. Join us for a special day of fun-filled Christmas shopping.

Entertainment for the children and a range of stalls selling beautiful gifts, crafts, stocking-fillers, novelty items, clothing, cosmetics, books and toys. Christmas goodies, Food stalls, Cakes. Jumping Castles and children’s play area. 8 Coltman Rd, Mt. Pleasant, Harare. Nominal Entrance fee. Children 12yrs and under free. This is a fund-raiser for the Christian Counselling Centre.

### **Sunday 8th December**

*Lunchtime Concert*, To complete the 60th anniversary of THE PHOENIX CHOIR we present a LUNCHTIME CONCERT OF “60 YEARS OF CHRISTMAS JOY” at Borrowdale Brooke Golf Club on Sunday 8th Dec. at 11.30 for 12.00. Booking through Borrowdale Brooke Golf Reception. Tickets including 2 course Christmas lunch Rtg\$ 240.00 by Cash, EcoCash or swipe.

### **Sunday 8th December**

*Harare Garden Club*, meeting second Sun of month at 2:00pm, visits and talks. Venues change, confirm with Tawny 0242 498698 or Chairlady 0772 630115.

### **Tuesday 10th December**

*Highlands Garden Group*, meet second Tues of month at the Lamener Club, 4 Ridgeway North at 9:30am. Contact Gail 0242 497730.

### **Tuesday 10th December**

*Fun quiz night*, Fortnightly quiz evening at The Mustard Seed, 27 Ridgeway South, Highlands. Arrivals 6.15 for a 6.45pm start. No entry fee. Food and drinks available from the restaurant (bno alcohol). Bring a team or come and join up with a team. The accent is on fun, and all ages welcome. Booking essential: call or Whatsapp 0785 300144. All welcome. Quizmaster Alan Thompson.

**Wednesday 11th December**  
*Avondale Floral Group*, meet every second Wed of the month at 2:00pm for 2:30 at Old Georgians Sports Club. Contact Suraiyya avondalefloralgroup@gmail.com.

### **Thursday 12th December**

*House of Smiles Fundraiser*, Alliance Francaise de Harare, 328 Herbert Chitepo Avenue, Harare, Zimbabwe, 921 Harare. This concert is to help them help more children on the street and get them off the street. H.O.S needs basic food commodities, cleaning detergents, second hand, clothing, Footwear, payment of school fees, books, sporting equipment, musical instruments. Volunteers to assist with the various activities- music, art, sporting, teaching.

### **Thursday 12th December**

*Mr and Miss Twins Fundraising Dinner*, Rainbow Towers Hotel And Conference Centre, Pennefather Ave, Harare. Mr and Miss Twins Dinner is a function for raising funds for the Miss Twins pageant whose theme is “ It is better to save one life than no life at all” Come and support the cause. We have 20% Discount for every ticket bought before 30 November 2019. As for corporate, who will buy tables we offer you an opportunity to advertise in our magazine for a year once a month in a publication to be published monthly as from January 2020.

### **Friday 13th December**

*Hosted Masquerade Dinner*, Impact Hub Harare, 194 Baines Avenue, 263 Harare, Zimbabwe. The Hosted Masquerade dinner is an annual fundraiser with the goal of sustaining Impact Hub Harare’s social impact initiatives. It will be

a chance to network with captains of industry, innovators and other stakeholders in the social impact space.

**Friday 13th December**

*Harare Food Festival*, Cafe Zhou Complex, 181 Arcturus Road, Ginio Crossing, Kamfinsa, Harare. Harare Food Festival represents foodie heaven, stunning food prepared by the City's greatest restaurants, high-profile chefs, superb drink and outstanding entertainment, all in one stunning location.

**Fri 13th & Sat 14th December**

*Neverland Zimbabwe*, Borrowdale Racecourse, Harare, Zimbabwe. ZIMBABWE'S PREMIER MUSIC FESTIVAL RETURNS NEVERLAND ZIMBABWE 2019. Voted as one of the top 10 must see festivals in Africa, Neverland is more than just Zimbabwe's premier music festival. It's a magical journey of sound & light brought to life through the energy of the people. Featuring some of the worlds biggest DJ's & musicians, the best African artists, one of the most advanced audio & visual stage rigs on the African Continent, Silent Disco's, Music Workshops, Pop Up Restaurants, Artisan Stalls & much more!

**Sat 14 & Sun 15th December**

*Christmas Kindness Imba Matombo*, Imba Matombo, 3 Albert Glen Close, Glen Lorne, HG800 Harare. The festive season is almost upon us! Spend an evening with us at Imba Matombo, to raise awareness of human trafficking. It's easy to get lost in the buss of Christmas, so why not take an evening to think about those whose spirits aren't as lifted during this time. Dress up and enjoy a delicious 3 course meal, hear about Pioneer 61's

inspiring White as Snow project and take part in our sweepstake, with prizes to be won! Limited spaces available, so book now!

**Saturday 14th December**

*Unplugged Music Festival*, Special act- Amapiano Dj Vigro Deep. Save the date!

**Saturday 14th December**

*Star Wars binge weekend*, Ahead of the worldwide release of Star Wars The Rise Of Skywalker on December 19, catch up on all eight Star Wars films of the past 42 years, plus the three official spin-offs. Presented by the Harare Film Society. Details soon.

**Saturday 14th December**

*Book Reading for Kids*, Crystal Gates, Shop MK23, Westgate Shopping Mall. Crystal Gates will be hosting a Book Reading Event for Kids, to promote and foster a reading culture. 10am- 1pm. To book your child's spot, Call or WhatsApp +263719716518 or +263784716518 or email sales@crystalgatesgifts.com.

**Saturday 14th December**

*M\*\*rder at the Gallery*, The Gallery Cafe, 29 College Road, Harare. A dinner party M\*\*rder mystery game where you decide how the

action unfolds. How it works: Each attendee is given a character to play. One of the characters is the killer. You need to find out who. Each character also has their own goals. There are no scripts. So you can conspire, backstab and even K\*ll each other (not for real of course)! Join us for a thrilling evening of scheming, intrigue and skulduggery. Can you achieve your aims, keep your secrets hidden and survive the night? To find out, book now by WhatsApp on 0044 7389706381. See you there!

**Sunday 15th December**

*Mashonaland Philatelic Society*, meeting third Sat of month, in the orchid Society Building, Mukuvisi Woodlands from 9am. Stamp displays, auctions, talks, swapping, etc. Mike Fox 0242 495408, tallyho@mango.zw.

**Sunday 15th December**

*Model Trains*, Glenara Ave Operation Day usually third Sun of the month, opp Runnville shops. A wonderful experience for children, from 2.30pm onwards! Petrus 0772 388449 or Andre 0772 687380.

**Sunday 15th December**

*Vintage Classic Car Club of Zimbabwe*, 'Out & About' third Sun of the month outside Pomona Food

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### **Sunday 15th December**

*Lunchtime Concert*, Chapman Golf Club. 11.30 for 12.00. Tickets Rtg\$ 240, includes 2 course lunch. Tickets for Chapman available from choir members or from Autoworld (Judy 0712 631488) or Veldemeer's Chocolate Shop, Arundel Village (Lorna-0242301989) Cash or Ecocash transfer available. Helplines – Paul 0772 469 110, Clive 0772 338 067, Hilary 0772 245 072.

### **Sunday 15th December**

*Family Holiday Music Show*, PanAfrika Restaurant, 4 Deary Ave, Belgravia, Harare. Live Music, African Food Buffet, Braai, Kids Section by Keedzart with Jumping Castle, Waterslides, Car Karting Mechanical Bull, Popcorn.

### **Tuesday 17th December**

*Tatagura Garden Club*, meet third Tues of the month at 2.30pm. Contact Morag 0772238807, [morag@zol.co.zw](mailto:morag@zol.co.zw)

### **Tuesday 17th December**

*Association of Complementary Health Practitioners Talk, (ACHP)*, third Tues of the month at Highlands Sports Club from 7pm. Talks on holistic/alternative therapies by interesting therapists. Jane [achpzim@gmail.com](mailto:achpzim@gmail.com)

### **Tuesday 17th December**

*Mashonaland Photographic Society*, No meeting in December. The next get-together will be on Tuesday, 21st January 2020. Normally meets on the third Tues every month at 5.30pm, SMS 0783 138150 with the word 'MPS', your name, email address and they will reply.

### **Tuesday 17th December**

*Fun quiz night*, Fortnightly quiz evening, The Mustard Seed, 27 Ridgeway South, Highlands. Arrivals from 6.15 for a prompt 6.45pm start. No entry fee. Food and drinks available from the restaurant (byo alcohol). Bring a team or come and join up with a team. The accent is on fun, and all ages welcome. Booking essential: call or Whatsapp 0785 300144. All welcome and no cover charge.

### **Friday 20th December**

*Forest Festival*, Haka Park, Mutare road, Harare. 1. An exciting experience in which wild or unusual things may happen. Forest Fest December is for those that love adventure. Join us for 3 days of partying, non-stop, with camping within the game park for the ultimate adventure!

### **Friday 20th December**

*Big Red Christmas Party*, The Horsebox Bar, 1 Hurworth Road, Highlands, Harare, Zimbabwe. Following the success of last year's edition, we're bringing back the merriest Christmas party in the land(for adults)!Happening just a few days before Christmas, it doesn't get much more fezzie than this! Featuring Christmas decor,

live musicians and DJ's throughout the evening, dress up contests, the last night of the Christmas food market and MORE surprises- all adding to the holiday spirit! This one is sure to be a biggie! Save the date and get your RED ready ;)

### **Saturday 21st December**

*Mann Friday- Bridgenorth Road Album Launch*, Tin Roof Bucket Bar and Bistro, A2, Harare. Mann Friday & Friends- Live at The Tin Roof Marquee.

### **Saturday 21st December**

*The Ivyson Tour Zimbabwe*, Pablo's Club & VIP, Suite BB & CC, Sam Levy's Village, Borrowdale. Nasty C SA Presents: The Ivyson Tour, initially founded in Cape Town, 2017. The Mother City was Nasty C's mother's hometown and the ideal city to launch his first and only personal tour. To date it has since been hosted in Cape Town, Durban, Johannesburg and Namibia attracting over 16 000. This year hosted in Johannesburg, Durban, Cape Town, Bloemfontein, Vaal, Pretoria and Zimbabwe. The tour caters for ages 12 and over with designated adult areas. #Ivysontour2019 [ivyson.co.za](http://ivyson.co.za).



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### **Saturday 21st December**

*Christmas Carols*, Chitungwiza Harmony Singers  
Christmas Carols. Arundel Village 10-12 am.

### **Sunday 22nd December**

*Christmas Carols*, Chitungwiza Harmony Singers  
Christmas Carols. Arundel Village 10-12 am.

### **Sunday 22nd December**

*Cooler Box Sunday*, Baraza Pavilion, 17 Kirkman Road,  
Harare. Free Entry for the whole family, Only cooler  
boxes pay \$5 to enter. Lots of Djs, Braai, Shisha and Cocktails.

### **Monday 23rd December**

*Public holiday following Sunday Unity Day.*

### **Monday 23rd December**

*Family carols evening*, The Mustard Seed, 27 Ridgeway  
South, Highlands. From 4.30pm, with singing of carols  
and Christmas songs led by Mande Snyman. Supper  
and drinks on sale. Booking opens soon but you can  
call to leave your name by calling 0772 572 620 or  
(024) 2498139.

### **Wednesday 25th December**

*Christmas Day*

### **Wednesday 25th December**

*Christmas Lunch at Tinkabell Restaurant*, TQ4 Upton  
Road Ardennie Harare. We will be open this year for  
Christmas! With a set Christmas themed A la carte  
menu for you to indulge in. (TBA) Plus Live music and  
Kids entertainment! Bookings are essential  
0774 532 184, 0785 663 153/4.

### **Wednesday 25th December**

*Christmas Day luncheon*, Meikles Hotel hosts five-star  
luncheons in La Fontaine restaurant (set menu with  
music by Harare Breeze resident band – no under-16s),  
the Stewart Rooms (full Christmas buffet plus Zim-  
babwean treats, with music by Fab Fusion) and The  
Pavilion (family buffet with fun music by the resident  
DJ). Bookings, call (024) 2707721.

### **Thursday 26th December**

*Boxing Day*

### **Friday 27th December**

*King Kadoros 'Conspiracy Theories'*, Reps Theatre,  
Harare, Zimbabwe, Belgravia Shopping Centre, Harare.  
King Kadoro will be performing his one man show

"Conspiracy Theories" at Reps Theatre (Main  
Stage)! Tickets are going for \$10 or the ZWL  
equivalent and are available at Moto Republik. Get  
your tickets ASAP to avoid disappointment.

### **Sunday 29th - Tuesday 31st December**

*Vic Falls Carnival*, Countdown to New Year at one of  
the Seven Wonder's of the World - Vic Falls Carnival  
is back and bigger than ever before!

### **Tuesday 31st December**

*The 1st Millenia*, Palm Estate 16A Stonechat Lane  
Harare, The 1st Millenia, a Sain Media Concert.  
Acts include Takura, Beatsmith, DJ King Lad, Don  
Don, Drew The MC. Bookings: 0783178247 or  
sirnais@gmail.com

### **Tuesday 31st December**

*New Year's Eve celebrations*, Meikles Hotel hosts  
dinners in La Fontaine restaurant (set menu and music  
by resident band Harare Breeze – no under-16s), the  
Stewart Rooms (buffet with music by Ovation band & Fab  
Fusion) and The Pavilion (family buffet, music by the  
resident DJ) fireworks at midnight. St John's College pipe  
band in attendance. Bookings, call (024) 2707721.

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**Wednesday 1st January**  
*New Year's Day 2020*

*Birdlife Zimbabwe Events*

**December 2019**

*Saturday 7th*, Marlborough Vlei  
7.00 a.m. Drive to bottom of Princess Margaret Rd off Harare Drive, at bottom follow road round to left and look for parked cars.

*Friday 13th*, Christmas Party at Mukuvisi 4.30pm onwards- bring own eats/braai foods/drinks.

*Sunday 15th*, Greystone Park 6.30 a.m. Take Addington Lane-Rolf Ave, cross Harare Drive onto Gaydon Road. After 2kms turn right into Halford Road and preserve is on left.

*Sunday 22nd*, Monavale Vlei 6.30 a.m. From Quendon Rd turn left into Lyndhurst Rd, take first left then second right to roundabout. Take second exit

onto Fenella Drive and continue to end.

*N.B. Most Urban walks are approximately 2 and a half hours long and are completed by 10.00 a.m.*

**Tues 4th & Sun 9th Feb 2020**

*Meditation retreat at Susurumba Retreat Centre, Juliasdale*, "Being Flexible is Being Alive", with Dave Sheehan. Please contact Dave for further information on 0772 317 424 (whatsapp) or zimsheehans@gmail.com

**Sat 1st - Sun 2nd February 2020**

Two day mini-summit on "Developing Resilience", HARARE BUDDHIST CENTRE is pleased to announce our very first 'mini-summit'. The theme is "Developing Resilience" and will consist of a series of four talks by different speakers, followed by a facilitated discussion,

over two mornings; Saturday February 1 at Borrowdale Meditation Centre, 6 Borrowdale Lane, and Sunday February 2 at the Harare Buddhist Centre, 7a Ernie's Lane, Monavale.

During the weekend we will cover topics, such as dealing with disappointment, success, loss, death, blame, and expectations; and also how to cultivate balance, happiness, generosity, psychological stability, and acceptance.

The full program including the presenters and their topic will be announced closer to the time via the Harare Buddhist Centre website : [www.hbczim.org](http://www.hbczim.org) or you can write to Pam Sheehan on whatsapp 0772-404129 or zimsheehans@gmail.com



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# Sunrises & Sunsets

*By Tino Nyandoro*

I can confidently say that the sun will rise and set every day, for the rest of our lives. I like the predictability and inevitability of this fact. It's undeniable. However, in its predictability, is the unpredictability of what kind of sunrise and sunset it will be (visually), and that's my obsession. I will always enjoy photographing the different moods and tones that come with each sunset and sunrise.

I'm often asked what my favourite type of photography is and even though I love portraiture and wedding photography, I find myself always leaning towards landscape photography, in particular, sunsets and sunrises. Due to the fact that I am a self taught photographer (thank you YouTube), I experimented a lot in order to gain confidence and experience. I found it hard to approach people to ask them if I could take a few shots of them, so landscapes were the easiest go to subject. Never complaining and always ready for any photo opportunity.

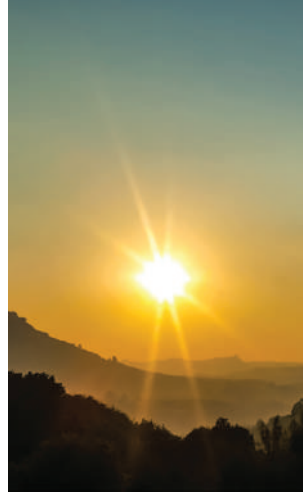
My favourite place to take sunrise and sunset photos is Kariba, when I am out on a trip on a houseboat. Endless views of the sky and water in almost every direction plus the reflection of the sky on the water makes for amazing dramatic photos, even before editing. My friends and

family have even become used to the fact that I'm up by 4am to prep for sunrise photos and I also disappear at golden hour, preparing for the sunsets. I am unapologetic about that.

Recently, I was part of the Art Fest held at Wild Geese Lodge, where I sold some of my photographs and take a guess what one of the crowd favourites was? A sunset picture of Spurwing Island in Kariba. So many people passed by and mentioned they had so many fond memories of trips there. Some didn't say a word, but their smiles told a story. That's ultimately my goal as a photographer. I want my work to speak to people and most importantly, resonate with them on a personal level. To make you feel like you are back there in a happy space, a happy place.

Do me a favour the next time you see a beautiful sunset or sunrise: take a photo of it. Professional camera, disposable camera, smartphone, tablet, abacus, it doesn't matter; just take that photo.

*My favourite sunset image, ever. Spurwing, Kariba*





*A cellphone image of a beautiful Nyanga sunset.*



*A striking Kariba sunset*

Look at that photo a week, a month, a year later and tell me it doesn't make you feel a certain warmth and joy inside. Welcome to my world.

I've provided my links below should you want to have a look at more of my work and hopefully purchase some of it.

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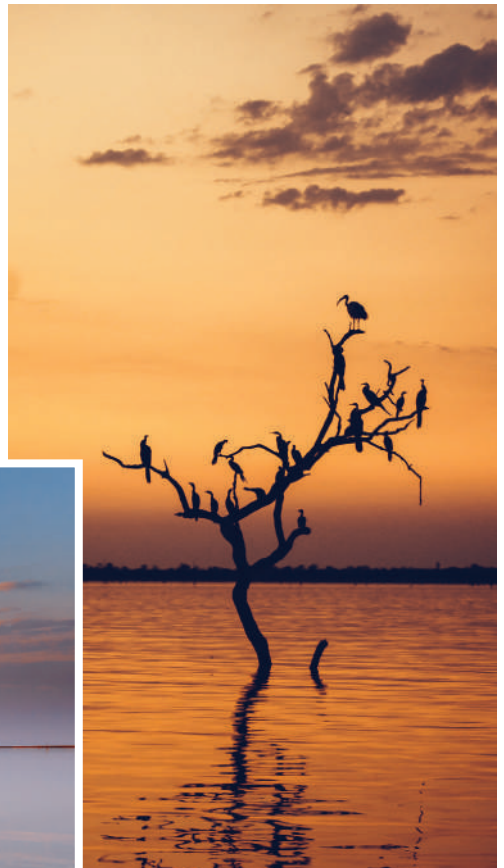
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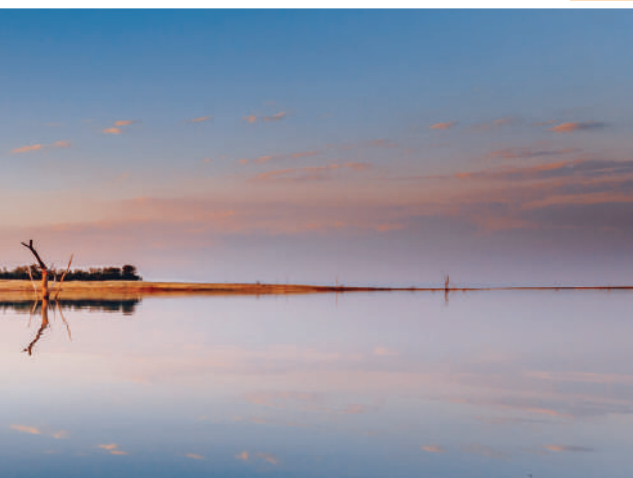
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*Photographs by Tino Nyandaro*



*Birds of a feather, flock together, Kariba*



# Speaking Through Imagery

By Zash Chinbara

When I was just starting out in photography in university, I was privileged to be around a lot of young artists. Although it seemed I had an eye for photography, my major was Marketing Research. So as a self-taught photographer, I appreciated the proximity to “real artists” as a way to learn more aesthetic ways to shoot. During this time, one of my workmates and I had struck up a friendship. He was a brilliant digital artist, and I was always in awe when he would casually sketch up some mini-masterpiece on his iPad in the space of an hour lunch break. During one of his sketches I asked him why he hadn’t held a gallery show showcasing his art. At this point I’d seen him draw hundreds of images. His answer was simple; “I don’t have anything to say yet”.

That phrase has stuck with me throughout my photography career. See, I thought I was just

making pretty things to look at. I thought that’s what artists do. While I still take and put out images that are purely aesthetic, I’ve always been aware of the impact of imagery. So even when I started my company with my friend, we always obsessed over imagery. The use of colour in a movie, the emotions that different angles give to an image, the correct colour temperature to put on a wedding photo. I mean, we get REAL nerdy about it. There are probably hundreds of photos on your phone right now, you can easily devalue the impact of a photo. But all these images are pieces of history. A documentation of how we live in this place, in this time.

*Left: **Guides to the hereafter** - a Haus of Stone project. We wanted to evoke a feeling of the surreal with these models, almost like the guides who usher your spirit to the next plane when you pass on.*

*Left (below): **Corner** - one of my ongoing projects is a fashion blog that I shoot for my wife. We made the decision very early on to do almost all the shoots in the city of Harare as a way of showing Harare city life and how people live.*

*Right: **Vhudzi III** - a shot from a collaboration project with three African women, called vhudzi. It was an artistic interpretation of the surprisingly complex issues between African women and their hair.*





*Girl with Crown - this was one of my favorite shots from a collaboration project with a few Zimbabwean designers. The shoot was to recreate old colonial portraits but have the Zimbabwean woman as the subject. I loved all the set pieces we created. So African and luxurious.*

*Ode to Askana - another Haus of Stone story. Shoot done in Domboshava with one of my favorite clients, Haus of Stone. The whole shoot and fashion line was a meditation on women and their spiritual place in Zimbabwean culture.*

That's informed how I work as a Zimbabwean Photographer, and I say "zimbabwean photographer" because I really take the title seriously. I have taken wedding photos, corporate photos of building projects, High fashion photos and street photography. But the underlying ethos of all my photos that I take for myself, is my "**Zimbabweanness**" (not a real word, I know, but indulge me). Sometimes there is a strong focus in the Zimbabwean photography scene to be "just as good" as our international partners, but in this pursuit we can try to erase **Zimbabweanness** from our visual pursuits. No shade intended, Lord knows I've had my phase of "international standard" photos. You know the

type. "It doesn't even look like it's in Zimbabwe". But it IS in Zimbabwe. Maybe it's an embarrassment of ourselves or our current situation? It would probably take a much longer article than this to break that down. But I'm now very clear on the philosophy behind my photos. I am declaring a Zimbabwean narrative. Not THE Zimbabwean narrative, but one of many. I am very proud to showcase every aspect of Zimbabwe. The bad does not define a country, neither does the good. Good, bad, ugly and beautiful Zimbabwe shines through in the photos I'm most proud of. And it seems the world is listening and responding. A few weeks ago, my words and my art were showcased in a BBC article about African Photographers changing the global African narrative. Seems I've found my "something to say".

*Photographs by Zash Chinhara*

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# In Case You Missed It

By *Bernadette Matenga*

2019 has been a tough year. We've lived through an ever changing environment that has included natural disasters and price hikes that have bordered on the ridiculous! Many have told the story of how at the beginning of this year they weren't sure IF we were going to make it to December. So, firstly, I would like to say "We Made It!" Regardless of all the trials and tribulations, we have again shown ourselves to be resilient, creative and even comedic.

Let's look at the last 12 months. Starting with WhatsApp – we as a country are finally utilising this platform to its hilarious and informative fullest. It's created all sorts of entertaining characters from the serial forwarder to the group lurkers who never contribute to the conversation. I have had to leave a few groups purely because the level of entertainment was beginning to impede on my sleep patterns (and life in general). I have also been included in WhatsApp forums for networking and business. I have found these really valuable. When Cyclone Idai hit, we were kept informed partly due to the efficiency of the platform. Aid and assistance was organised and communicated countrywide for the benefit of those affected.

If WhatsApp is our present, then Twitter is our future, and what a wild place that is! The freedom to express one's opinions – even the unpopular ones, in a safe space is something Zimbabweans were obviously craving. Social media has allowed us to be closer to each other, and therefore more able to understand and/or empathise with other global citizens. Our struggles may differ, but the feeling that we are not isolated from the rest of the world is comforting. For those who have yet to join Twitter I would definitely recommend it.

Although the passing of legendary musician Oliver Mtukudzi was devastating to the country, it also brought us together in a way that only music can. It is gratifying to realise that songs like "Neria" will live on forever. The sense of togetherness in grief is something that Zimbabweans have not experienced a lot, but we were all the better for it.

The euphoria of South Africa winning the 2019 RWC was something we felt here in Zimbabwe, especially given that one of our own was part of the team. Beast and the Springboks really made us proud. Winning (even by proximity) feels great, and it was exactly what the doctor ordered.

With 2020 fast approaching, let's reflect and plan. I don't subscribe to the idea of New Year's resolutions because the pressure gives me anxiety. I instead try to list all the things I would like to achieve in the upcoming year. Whatever your method, take the lessons learnt from 2019 to help you prepare for the upcoming year. I for one am gearing up for Christmas carols, decorations and delicious meals with those I love. This time of year that fills me with hope. It may be naïve, but I will be happily spreading as much Christmas spirit as possible and making sure that I carry all those good feelings into 2020. Here's wishing all our readers a Happy Festive Season and all the best in the New Year.

If you would like to read more of my sporadic ramblings, you can find me on Twitter @BibiMatenga



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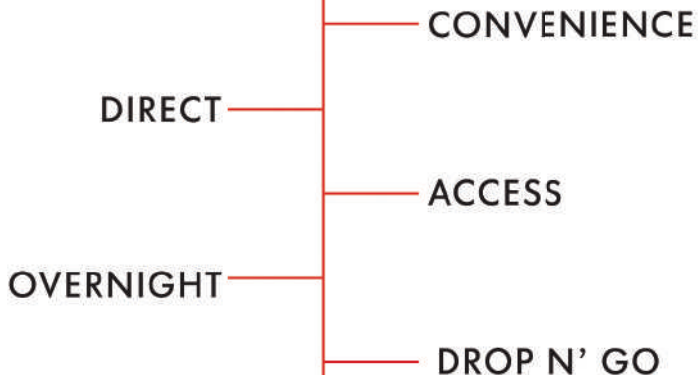
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**BORROWDALE LANE VET** (024) 2 883099, 0712 451328, 0774 166065, 12 Kings Row, South Gate (Cnr Kingsmead Rd)

**CHISIPITE VET** (024) 2 494862/3, 0772 253318, 0712 402062, 303 Harare Dr, chisivets@gmail.com

**HARARE CENTRAL VET SURGERY** 12 Mayo Place Eastlea Harare. (024) 2 490260, 0773 049687

**SPCA CHARITY SHOP** Cranborne Ave, Hatfield. Open: 9am-12 noon. Donations in cash or kind. For collection contact Sheila 0772 310327 at office hours Mon to Fri only

**HIGHLANDS VET** (024) 2 490629, 0773 037034, highvets@mweb.co.zw, 4 Aintree Rd/Cnr Enterprise Rd

**KAMFINSA VET SURGERY** (024) 2 497237, 0772 312896, Cnr Court Rd/Arcturus Rd. 24 Hour service. After hrs: (024) 2 497237

**SECOND STREET VET** 24 Hour clinic (024) 2 303518/9, 0772 112279, Cnr Second St/Upper East Rd

**STEPPE ROAD VET SURGERY** 0775 281151, (024) 2 495674, 26 Broadmead Lane, Cnr Steppes Rd, Ballantyne Park, mark@srvszim.com

**WAGHORN AND REES VET** (024) 2 300089, 0712 231446, 54 Marlborough Dr

**UZ VET HOSPITAL** 24 hour emergency 0774 449783, (024) 2 303574/5, UZ grounds, Churchill Rd

**ZNSPCA** 497574, Emergency 04- 576356/7, 0778 844196, 156 Enterprise Rd. Charity shop Mon-Thur 8am-4pm, Fri 8am-2pm. All proceeds help SPCA countrywide and animal welfare projects. www.ZNSPCA.org.zw. Shelly 0772 308647, znsPCA@gmail.com

**THE REMOVAL OF DEAD ROADSIDE ANIMALS:** Harare City Waste Management Services 752637. Please inform the nearest veterinary surgery and the SPCA with description and whereabouts of animal.

## Snakes

**SNAKE REMOVAL/RESCUE:** Ben Vermeulin, 0772 275550 Daniel Van Tonder, 0775 707118 Chawa, 0772 269647

PLEASE CONTACT US TO UPDATE ANY INFO THAT MAY HAVE CHANGED



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**Borrowdale Branch: Open daily including public holidays 7:30am to midnight.**

1 Borrowdale Lane | Borrowdale | Harare | Zimbabwe

Tel: +263 4 882 228/ 886 922-3 | +263 783 910 004

**Airport Branch: Open Monday to Friday 8:30am to 5:30pm**

**Saturday & Public holidays 8:30am -12:30pm. Sunday closed.**

Tel: +263 4 575 630/ 575 640 | 08677107409

info@whitecross.co.zw | facebook.com/whitecrosspharmacyzw

# Important Numbers

**EMERGENCY SERVICES FROM A LANDLINE DIAL 993 OR TOLL-FREE FROM A CELLPHONE DIAL**

**112 Econet, 114 Netone, 911 Telecel**

**Harare Hotlines: (024) 2 771221, 0712-600002**

**These numbers will give you access to Ambulance Services, Fire Brigade and the Police across Zimbabwe.**

## AMBULANCES

ACE AIR and Ambulance (024) 2 302141,  
0782-999901/2/3/4, Emergency (024) 2 302141  
AMBULANCE CARE & EVACUATION (024) 2 332365/6,  
0718 889889  
CIMAS Rescue Ambulance Services (024) 2 700 070,  
(024) 2 700 085/26, Toll Free Number 08 080 300  
CITY Ambulance (024) 2 783980-7, (024) 2 772375-6  
EMRAS (024) 2 250011/2, (024) 2 797479, 0772 141610  
MARS Ambulance (024) 2 771221, (024) 2 706034,  
(024) 2 790391, 0712 600002, 08644114578  
NETSTAR Ambulance Service (024) 2 797588-90,  
(024) 2 2900251, 0774 828888  
ST JOHN'S Ambulance (024) 2 764354, (024) 2 253046,  
(024) 2 250351, 0774 452233, 0779 587631

Automobile Association (AA), (024) 2 776760, 2932089,  
0782 783691, 0712406033

## POLICE EMERGENCY

Report accidents (024) 2 495504, (024) 2 703631,  
24 hrs (024) 2 748836  
Harare Complaints Desk, (during working hours)  
(024) 2 703631  
Central (024) 2 748836, (024) 2 777777  
Avondale (024) 2 336361, (024) 2 336632  
Borrowdale (024) 2 860061-7  
Highlands (024) 2 495504  
Mabelreign (024) 2 336000, (024) 2 305651  
Marlborough (024) 2 301802, (024) 2 301853 CID  
Milton Park (024) 2 799298, (024) 2 708113  
Monavale (024) 2 336361, (024) 2 336608  
Police Roadside Assistance 24hr, (024) 2 700171/9

## HOSPITALS

Avenues Clinic 66 Baines Ave, (024) 2 251180/1/99,  
(024) 2 252480-5, 08677 006175, (Emergency) 0772 135259  
Healthpoint Hospital 15 Lanark Road, Belgravia,  
(024) 2 700666/7/8, (024) 2 703355, (024) 2 795483,  
(024) 2 705141  
Medical Centre, 52 Baines Avenue 24-Hour,  
(024) 2 705449  
Michael Gelfand Clinic 53 Josiah Chinamano Ave,  
(024) 2 251067, (024) 2 708844/5  
Pariirenyatwa Hospital Mazowe St, Milton Park,  
(024) 2 702224, (024) 2 701554-7, (024) 2 705941-3

## FAULTS

ZESA 24-hour faults, (024) 2 704040  
Avondale, Mabelreign, Milton Park, Monavale (024) 2 704040  
Belvedere, Warren Park (024) 2 704040  
Borrowdale (024) 2 704233  
Central (024) 2 704235/236/237  
Highlands (024) 2 704233/5/7  
Mabvuku (024) 2 704235, 2906937  
Southerton (024) 2 704231/2  
Waterfalls (024) 2 704231/2

## EMERGENCY AND TRAUMA - OPEN 24 HOURS

Arundel Mediclinic ER24, 92 Norfolk Rd, Mt Pleasant, Hre  
(024) 2 301495, 08677000269  
Baines Intercare Medical Centre, Accident and Emergency  
15 Baines Ave, (024) 2 700950  
Belvedere Medical Centre Accident/Emergency Centre, 189  
S. Machel Ave, (024) 2 740196/236/185  
Emergency Medical Centre Corporate 24 6 Bath Rd,  
Belgravia (024) 2 700410, 2250538, 086-44099814  
ER 24 53 J. Chinamano Ave, (024) 2 762937/8/9,  
0772 905089, Pharmacy (024) 2 762940  
FIRE Brigade 994, (024) 2 700950  
Kensington Medical Health Clinic 1 Kenny Rd, Kensington,  
(024) 2 700218, 0782 005903  
Trauma Centre Borrowdale 1 Borrowdale Lane,  
(024) 2 886921/4, 0773 333691

CITY OF HARARE Water faults, burst pipes (024) 2 705654  
Call Centre Director Engineer Mabheha Moyo  
(024) 2 705824

## OTHER SERVICES

Oncocare Cancer Treatment Centre, 1 Walmer Drive/  
Old Enterprise Rd, Newlands, Hre, (024) 2 776009/10,  
08677004556

National Blood Service Zimbabwe Mazowe St  
www.nbsz.co.zw, (024) 2 251851/4/5/6, 0772 162279-85

St Giles' Medical Rehabilitation Centre 10 Drummond  
Chaplin Rd, Milton Park (024) 2 740955, (024) 2 741856,  
0776 272079

Report littering from vehicles - give reg. number, type of  
litter and where: (024) 2 792772, Toll Free Number  
08080028

Report illegal dumping/littering (024) 2 752637,  
(024) 2 770339

Report illegal burning of rubbish in gardens, 08080028

Engineer Chawatama, (024) 2 775082  
iczawatama@gmail.com Director of Water  
(024) 2 705654, (024) 2 700087, (024) 2 704193

## MEDIC ALERT

1 Van Praagh Ave, Milton Park  
(024) 2 704488, 2916307  
medalert@africaonline.co.zw,  
www.medicalert.co.zw

## ROADSIDE ASSISTANCE

Road Angels (024) 2 334418, 0772 122122, 0732 122122,  
0713 122122, 0714 122122



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**Christmas**

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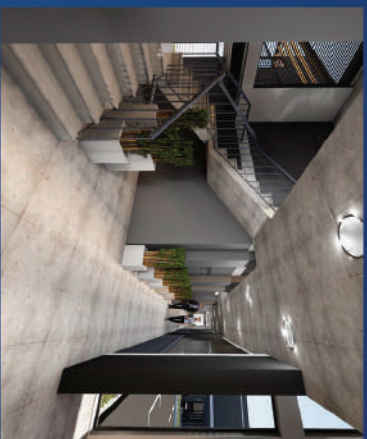
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Visit our offices at 37 Victoria Drive, Newlands, Harare



Located in Borrowdale West is an apartment complex with sectionalised units measuring 41m<sup>2</sup>, 90m<sup>2</sup> and 131m<sup>2</sup> respectively are offering bedsetter/studio, 1 bed and 2 beds, each bedroom with bathroom and open plan living areas including a kitchen. All units to have spacious verandah/balcony with some enjoying good views and having allowance for outdoor furniture and potted plants.



Opportunity prevails to buying as a lock-up shell or a completed unit at an additional cost. This comes as a fully serviced complex, guarded gate, ample parking bays, all enclosed with a boundary wall. Perfect for a lock up and go life style. Ideal for the young executive, bachelor / bachelorette, young families and senior students.

### LOCATION & NEIGHBOURING AMENITIES TO DEVELOPMENT

- SPAR Bridge
- Sam Levy village
- Arundale shopping centre
- Future mall of Zimbabwe
- CBD
- Borrowdale race course
- Hellenic School
- Old Georgians Sports Club
- St George College
- St Michaels
- St Johns
- Harare International School
- Borrowdale Trauma Centre
- International Airport
- Dandaro Medical Hospital



Contact: Marilyn and Alice  
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